

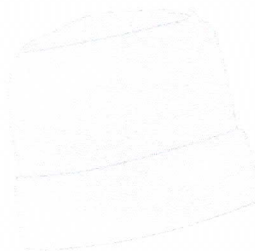
The Creative Kindness Easy Hat

Creative Kindness

Hats...to wear, to share

Designed by Gail Brown

Modified by Carol Ziesmer Feb, 2016



Materials Needed:

- 1/2 yard of light-to-med weight fleece, T-shirt, or knit fabric, such as Polartec® 100, interlock, ponté, Lycra®-cotton blend, or any other soft, stretchy knit. Most wide-width knits (54" or wider) will yield two hats.

Fabric Selection Tips

- Avoid scratchy fabrics. Chemotherapy causes the skin to be particularly sensitive.
- Select cheery or elegant fabrics, avoiding yellows, or yellow-tone greens, which often aren't flattering to changing skin tones.
- Think "hat wardrobe." Choose prints, plaids, and solids that work with favorite basic colors such as black, navy, grey, pink, or brown. Consider seasonal demands, too: In most areas, hats need to change with the weather so that the wearer won't be too hot or too cold. If you are sewing for someone else, find out which fabrics, fibers, and colors are favorites, then shop accordingly.

Sizing, Sewing, Organizational and Distribution Tips

- Without hair, a head is smaller. If in doubt, make the medium size for a hairless head. Best bet: Measure, or fine-tune fit as you sew. (I found the small hat was too small for even a smaller head, so start with the medium.^{cz})

Note. Serged stitch length should be adjusted for medium to long, minimizing thread density.

1. Cut out the pattern pieces from the fabric. Instructions will make one hat. If desired, cut several hats at one time by stacking fabrics. Then stitch each individually.
- Cut one side section, with longer (circumference) dimension parallel to the stretchiest (crosswise) grain. Knit stretch may change the circumference sizing. Stretchier knits can be cut smaller, whereas more stable knits may need to be cut larger. General recommendation, if sewing hats for charity: Medium size for stretchy knits such as lightweight fleece, and large size for more stable double knits and interlock knits.

- Small: Cut side 18" x 20". Is a bit too small for even a small head CZ
- Medium: Cut side 18" x 21".
- Large: Cut side 18" x 22".
- Extra large: Cut side 18" x 23".

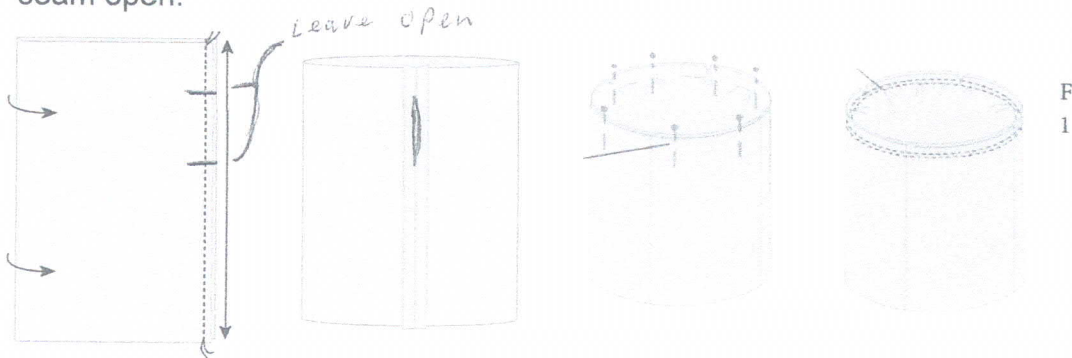
Cut, mark and pin two 7-1/2" circles for the crown. One circle will line the other circle,

- Quarter fold both crown circles. Quartermark the outer edge of each circle by pinning or making a small (1/4") clip at the edge of each fold.



Clip at quarter marks

2. Create and mark the side section. • Join short 18" ends of the side section, right sides together, leaving a 2" opening for turning with a generous 1/4" seam. Finger press the seam open.



Fold the tube right sides together, aligning the seamlines and raw edges. • Quarter fold the tube, using the seam as one of the quarter marks. Use Pins or make small 1/4" clips at quarter marks • Pin the side sections to the crowns, right sides together, matching the quarter marks. • Straight stitch the side section to the crowns, one on each end of the tube you made. Stitch the seam allowances together a generous 1/8" from the seamline. Trim close to the stitching to neaten the edges. Or, serge seam to stitch and trim in one step. Turn the hat right sides out through the small opening that you left. Use a ladder stitch to close up the opening. It's ready to wear! Fold the cuff up about 2-1/2" or as desired.

Note from Carol. Before I turned it right side out, I folded the front of one hat top up to the other and tacked it in the seam allowance. Turned it right side out and tacked the back of the two hat tops together in the seam allowance, then I sewed up the opening.

I modified this pattern so that it is reversible and there are no exposed seams to touch the persons head. Carol Ziesmer

Original pattern from Sewing with Nancy's website - Nancy's Notions part. There are other variations if you want to visit her website. Scroll to the bottom and click on "sewing for charity".